

Dermal Filler Post-Treatment Instructions

1. Immediately after the treatment, there may be redness, swelling, tenderness, and itching sensation in the treated area. This is generally temporary and will disappear in 1-2 days. You may gently apply ice for short periods of time to any areas to help control post-treatment swelling.
2. The initial swelling after lip treatment may last longer. Some patients experience swelling for about one week, and the lips can look somewhat uneven during this time. This means that the result immediately after treatment should not be looked upon as the final result.
3. Avoid strenuous activity, extreme heat (sauna, hot tub, tanning), extreme cold, and air travel for 72 hours post injection.
4. Avoid makeup application for 24 hours after treatment and avoid skincare with active ingredients (retinol, AHA's, ascorbic acid, etc.) for 72 hours after treatment.
5. Avoid touching, massaging, or putting pressure on the treated areas. Avoid exaggerated facial expressions for 7 days after treatment. Avoid dental work for two weeks after treatment.
6. If you have previously suffered from cold sores, there is a risk that the needle punctures could contribute to another cold sore. Joel can provide a preventative anti-viral prescription if needed.
7. If you are using Aspirin, Advil, Aleve or any similar medication, be aware that this may increase the risk of bruising or bleeding at the injection site. If you require pain treatment, we recommend using acetaminophen (Tylenol).
8. Dermal Filler is naturally metabolized over time, meaning filler treatment is not permanent. A follow-up injection a few weeks after the first procedure prolongs the effect and improves the results. Periodic touch up treatment helps sustain the desired degree of correction.
9. **If you experience any of the following symptoms, contact us immediately: dusky or white discoloration of injected areas, mottling or unusual bruising, severe or increasing pain, increasing warmth or coolness to touch, severe swelling, blisters, difficulty swallowing or smiling, fever, or chills. If you notice any of these symptoms, call us immediately at 780-978-9688, or 825-345-1012.**

Botox by Joel

Cell: (825) 345-1012

Email: BotoxByJoel@gmail.com

www.BotoxbyJoel.com